



First Responders Academy - Law Enforcement Academy

IPMBA Police Cyclist Course

40 Hours • March 23-27, 2026 • 8:00 AM – 5:00 PM

Location: First Responders Academy
15775 IH 35 South, Atascosa, TX 78002 (Exit 139, IH-35 S),

COURSE TOPICS INCLUDE:

1. Fundamental Cycling
 2. Hazards and Crashes
 3. Basic Maintenance
 4. Cycling at Night
 5. Clothing & Personal Protective Equipment
 6. Tactics and Firearm Training
- ...and many more**
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COURSE COST

Open Enrollment Only: \$275.00
8-Hour Training Days — **Monday through Friday**
Minimum: 10 Students • **Maximum:** 20 Students

Prerequisites

- Licensed law enforcement officer
 - Basic bicycle-handling skills
 - Good physical condition
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UPON COMPLETION

Students will receive a **40-hour course completion certificate**, and all 40 hours will be **reported to TCOLE** as part of their training record.

Optional Certification:

IPMBA Police Cyclist Certification is available for licensed peace officers who:

- Successfully complete the practical test
- Score **76% or higher** on the written exam

- Become IPMBA members
 - Submit the certification application with the required fee
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REGISTRATION

To sign up, email: sac-lea@alamo.edu or through online calendar.

PAYMENT METHODS

Payment is due on the first day of class. Accepted forms of payment include:

- Credit Card
- Debit Card
- Cash (Exact Amount Only)
- Cashier's Check
- Personal Check
- Agency Check
- Money Order

Make in payable to: SAC First Responders Academy

TRAINING DATES

Monday–Friday, March 23-27, 2026

8:00 AM – 5:00 PM

IPMBA POLICE CYCLIST COURSE

Required Equipment & Materials Checklist

DUTY BICYCLE

- ☐ Reputable manufacturer public safety bicycle in good working order, properly fitted
- ☐ Street/combination tires (26–29 x 1.5 to 26–29 x 2.1 recommended; no knobbies)
- ☐ Pedal retention (including acceptable flat pedal/footwear systems)
- ☐ At least one water bottle cages and bottle
- ☐ Hydration delivery system (recommended)
- ☐ High-intensity headlight with 4-hour run-time
- ☐ L.E.D. steady or flashing red taillight
- ☐ Rear mount kick stand
- ☐ Derailleur guard (recommended)
- ☐ Agency-mandated carrying system (e.g., rear rack with rack bag, frame pack, panniers, etc.)
- ☐ Off-road tires (recommended if the class will ride off-road; consult instructor)

TOOLS (good to have)

- ☐ Patch kit
- ☐ Tire levers
- ☐ Two spare tubes
- ☐ Frame-mounted tire pump or CO2 inflator with cartridges
- ☐ Allen wrenches (4-/5-/6-/8-mm)
- ☐ Wrenches (8-/10-mm)
- ☐ Bicycle lube
- ☐ Shop towel
- ☐ Disposable gloves

SAFETY EQUIPMENT

- ☐ Bicycle helmet (*approved by ANSI, Snell, CPSC or equivalent*)
- ☐ Eye protection (*shatter-resistant, wraparound, clear and tinted*)
- ☐ Padded cycling gloves
- ☐ Body armor (*if worn on duty*)

ATTIRE

- ☐ Full duty bike uniform (*First and Last Day if wanted*) Casual comfortable bicycle attire all other days
- ☐ Padded cycling shorts (*recommended*)
- ☐ Footwear compatible with pedal retention
- ☐ Foul weather gear
- ☐ Off-road cycling clothes (*recommended if the class will ride off-road; consult instructor*)

DUTY BELT/VEST

- ☐ Agency-mandated duty gear

RANGE EQUIPMENT

(*class will include live-fire*)

- ☐ Duty weapon
- ☐ 50 rounds
- ☐ Foam ear protection

OTHER

- ☐ Sunscreen
- ☐ Insect repellent
- ☐ Note-taking materials
- ☐ Get Active Questionnaire (GAQ) (*required*) and medical clearance sheet (*if indicated by GAQ*)

Participants will be required to sign a liability release/waiver on-site.