

Making Dances: Two courses for aspiring choreographers

KINESIOLOGY AND DANCE
AT NORTHWEST VISTA COLLEGE



Dance Composition (Choreography)

DANC/KINE 1201

Friday 9:30-Noon

Are you creative (or do you want to be)? Love to move? Want to learn how to make dances? Interested in a chance to perform? Learn how to put moves together to make a dance. Watch other choreographers at work---peers and professionals.

Work in a variety of styles including your favorite – Modern, Jazz, Latin, Ballet, World Dance, B-boy---and find your own unique style.



DANCE AND MOVEMENT IMPROVISATION DANC / KINE 2246 TUESDAY-THURSDAY 2-3:15

*Movement Improvisation is.....brainstorming with your body-mind
...thinking on your feet ...going with the flow*

Carefully guided body-mind experiences encourage trust, creativity, and physical spontaneity through a dynamic experience of space, time, weight, shape, flow, speed and interaction in the moment. Dancing solo, with a partner, in small and large groups. Students will gain resources for dance choreography as well as other forms of art and sport.