**AAHSSL Meet Information**

**Posted 08/07/15**

**Meet:** 2016 Alamo Area High School Swim League Winter Sub TISCA Invitational

**Date:**
- *Swimming*, Saturday, January 16th, 2016 at the Aquatics Center at Palo Alto College
- *Diving*, Friday, January 15th, 2016 at GBAC

**Venue:**
- The Aquatic Center at Palo Alto College
- 1400 West Villaret Blvd.
- San Antonio, Texas, 78224
- 210-486-3800

**Facility:**
- Two eight lane competition courses
- DAKTRONICS starting and timing systems
- Scoreboard with full heat and event display
- Five warm-up / cool-down lanes adjacent

**Cell Phone Restrictions:**
- The presence and / or use of cell phones, and / or any other equipment capable of producing audio recordings, photographic or video images in locker rooms, rest rooms or changing areas is strictly and specifically prohibited at all times
- There are no exceptions to this prohibition
- Violators are subject to disqualification from the meet, disbarment from the facility and arrest

**Rules and Conduct:**
- The 2015 - 2016 National Federation of State High School Association’s Swimming and Diving, and Water Polo Rules will apply
- Swimmers will not be considered to be officially entered into the meet until actually stepping up on the blocks or into the water, i.e., there will be no penalty for scratches or no-shows except for the 500 freestyle, which will be seeded on deck
- Nominal interval of 30 seconds between races

**Format:**
- AAHSSL in timed final competition
- Women will compete in the South Course
- Men will compete in the North Course
- Minimum (faster than) qualifying times for six (6) events
- Standard and modified high school individual events
- No relays
- Order of events on page three (3)
- Pre-seeded
- Fly-over starts will be in use except for backstroke events
- The Federation Whistle Start Procedure will be in use at this meet
- The Federation No-recall False Start Procedure will be in use at this meet

**Entry Deadline:** 12-noon Tuesday, January 12th, 2016

**Entry Restrictions:**
- This meet is open to all public and private high school teams
- Individual swimmers may enter a maximum of three (3) events
- No limit on the number of individual entries per team, per individual event
- **ENTRIES RECEIVED WITHOUT A SEED TIME WILL NOT BE ENTERED INTO THE MEET**
Qualifying Times:

- There are maximum qualifying times (2016 South Zone TISCA) for all events, please see page three (3).
- Swimmers who may have achieved one or more of the qualifying times for the 2016 South Zone TISCA Championships, ARE NOT eligible to participate in this meet.
- There are minimum qualifying times on six (6) events, please see page three (3).
- Swimmers must have at some time (lifetime best) achieved the minimum cut-off time for each event they enter.
- Entry times may be challenged.
- If a challenge results in a time being declared invalid, the swimmer will be disqualified from further participation in the meet.
- Any team accumulating three (3) invalid entries will be banned from further participation in the meet and their school's principal notified.

Diving:

- Diving will be conducted at Block Aquatics Center, on Friday, January 15th with warm-ups at 5:00 PM – competition will begin at 6:00 PM.
- Contact Diving Meet Director Kristin Libardoni at: kristin.libardoni@nisd.net.
- National Federation Rules will apply.
- Events will be six-dive contests on the one-meter board only.
- One (1) voluntary dive not to exceed a Degree-of-Difficulty of 1.8 and five (5) optional dives from a minimum of four (4) different groups must be performed.
- All divers must be entered with their high school team via Hy-Tek Commlink.
- All divers must be entered in their team's computer entry by the Entry Deadline.
- All dive sheets must be completed and FAX'd or hand-delivered to the Diving Meet Director not later than one (1) hour before the scheduled start of competition.

Entry Procedures:

- Entries may ONLY be made via Hy-Tek Commlink File.
- Hard copy MUST accompany.
- An "HYV" File for Team Manager is available on the High School Meet Calendar Page of the AAAA Web Site (www.aaaa-sa.org).
- Entries received without a seed time will not be entered into the meet and fees will not be refunded.
- Entries must be submitted via e-mail or hand-delivered.

Schedule:

- Warm-ups begin @ 8:00 AM.
- Clear pool @ 9:30 AM.
- Coaches' meeting @ 9:30 AM.
- Meet begins @ 9:45 AM.

E-Mail Entries:

- Please be certain you submit your entries to: KarensKhorus@aol.com.
- The Commlink File must be re-named to clearly identify the entering team, the shorter the better. Athletes included in improperly identified Commlink Files (Cfile0X.cl2 or zfile00X.zip) will not be entered into the meet and any entry fees will not be refunded.
- Athletes WILL NOT be entered into Meet Manager until the Meet Entry Report (hard copy) is received as an attachment to the e-mail or hand-delivered and fees are paid.
- Under no circumstances will entries be accepted via FAX.
- Please do not assume your entries have been received without confirmation.

Entry fee:

- $6.00 per athlete.
- Checks payable to: Palo Alto College.
- Mail checks to:
  - Adrian Montoya
  - The Aquatic Center at Palo Alto College
  - 1400 West Villaret Blvd.
  - San Antonio, TX 78224

Scoring:

<table>
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<th>Place</th>
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<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
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<th>7</th>
<th>8</th>
<th>9</th>
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<th>12</th>
<th>13</th>
<th>14</th>
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<tbody>
<tr>
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<td>17</td>
<td>16</td>
<td>15</td>
<td>14</td>
<td>13</td>
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<td>7</td>
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<td>5</td>
<td>4</td>
<td>3</td>
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Timers & Helpers:

- Each participating school will be required to provide at least two (2) individuals to act in a supporting capacity, e.g., timer, runner, etc.
### Order of Swimming Events and Qualifying Times

**Saturday, January 16, 2016**

<table>
<thead>
<tr>
<th>Women's Number</th>
<th>Faster Than:</th>
<th>Slower Than:</th>
<th>Distance in Yards</th>
<th>Stroke</th>
<th>Slower Than:</th>
<th>Faster Than:</th>
<th>Men's Number</th>
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<tr>
<td>1</td>
<td>-</td>
<td>0:31.29</td>
<td>50</td>
<td>Backstroke</td>
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<td></td>
<td>2:42.99</td>
<td>2:06.09</td>
<td>200</td>
<td>Freestyle</td>
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<td>2:40.99</td>
<td>4</td>
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<tr>
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<td>-</td>
<td>0:27.69</td>
<td>50</td>
<td>Freestyle</td>
<td>0:23.69</td>
<td>-</td>
<td>8</td>
</tr>
</tbody>
</table>

**15 minute break**

| 11             | -            | 1:04.49      | 100               | Butterfly    | 0:58.49      | -            | 12           |
| 13             | -            | 0:57.99      | 100               | Freestyle    | 0:52.39      | -            | 14           |
| 17             | -            | 0:35.79      | 50                | Breaststroke | 0:31.59      | -            | 18           |
| 19             | -            | 1:05.89      | 100               | Backstroke   | 0:59.59      | -            | 20           |
| 21             | -            | 1:15.19      | 100               | Breaststroke | 1:06.59      | -            | 22           |
| 23             | -            | 29.19        | 50                | Butterfly    | 26.19        | -            | 24           |

9 One meter diving. Friday, January 15th, 2016 at GBAC 10

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**Awards:**
- None!

**Officials:**
- All officials should be currently (2015 - 2016) registered with UIL
- Officials not currently registered with UIL have no NFHS Insurance coverage
- Visiting officials are welcome