

Mary Nickson, PhD

About Dr. Nickson

Dr. Mary Nickson is a Licensed Psychologist, Licensed Professional Counselor-Supervisor and Licensed Specialist in School Psychology. She completed her undergraduate degree in Psychology at Carleton College in Northfield, MN, and then obtained a master's degree in Clinical/Community Psychology at Texas Southern University in Houston, TX. After several years of working as a school psychologist in Harris and Fort Bend Counties, she earned her doctorate from the University of Houston in Counseling Psychology.

For more than 20 years, Dr. Nickson has provided mental health services to families, individuals, children, and adolescents while working in school and university settings, local governmental departments, and social service agencies. She has also provided training and facilitated groups on issues involving cultural and diversity awareness, stress and behavioral management, and grief/loss issues. Using interpersonal, cognitive behavioral and solution-focused therapies, along with other counseling interventions, Dr. Nickson presently provides counseling to individuals, adolescents, and families at her private practice, Connections Counseling & Consulting, LLC, in Allen, TX.

Dr. Nickson has been married to her husband, Alfred for 41 years. They have three children, Alan, Dana, Lauren, and one granddaughter Mali. When relaxing, she likes to read, watch movies and travel.

