### AlamoCARES

**Disability/Elder Assistance**

**1812ada**

[http://1812ada.org/](http://1812ada.org/)

1812ada provides education, employment advocacy and transitional planning. We are dedicated to assisting our members with identifying the necessary resources needed to succeed in schools and the workplace. We are devoted to assisting our members to ensure that they receive their reasonable accommodation as specified by their medical professionals.

**Adult Protective Services**


Texas law says anyone who thinks a child, or person 65 years or older, or an adult with disabilities is being abused, neglected, or exploited must report it to DFPS. A person who reports abuse in good faith is immune from civil or criminal liability. DFPS keeps the name of the person making the report confidential. Anyone who does not report suspected abuse can be held liable for a misdemeanor or felony. Time frames for investigating reports are based on the severity of the allegations. Reporting suspected abuse makes it possible for a family to get help.

By Phone: **1-800-252-5400**

**Texas Department of Aging and Disability Services**

[https://hhs.texas.gov/services/disability](https://hhs.texas.gov/services/disability)

Finding help for older adults and people with disabilities can be overwhelming. When you call **1-855-937-2372**, it becomes much easier. By making the call, you will talk to a trained professional who will guide you to the right service options to help meet your needs. They also can help make your role as a family caregiver easier.

**Blind and Visually Impaired**


The Division for Blind Services (DBS) staff work in partnership with Texans who are blind or visually impaired to get high quality jobs, live independently, or help a child receive the training needed to be successful in school and beyond. DBS envisions a Texas where people who are blind or visually impaired enjoy the same opportunities as other Texans to pursue independence and employment, and our mission is to work in partnership with Texans who are blind or visually impaired to reach their goals.

Inquiries Line at **1-800-628-5115**.
**Texas Ramp Project**

[www.texasramps.org](http://www.texasramps.org)

Provides assistance through volunteers to build wheelchair ramps for low-income individuals with a disability.

The Texas Ramp Project works with local cities, social-services organizations, and hospitals to identify clients who need a ramp. Only accepts client referrals from social service agencies. Social workers and 2-1-1 Specialists can refer clients through the referral page on the website.

**Caregiver Assistance**

[http://www.dads.state.tx.us/services/caregiver.html](http://www.dads.state.tx.us/services/caregiver.html)

If You Are Caring for Someone Who is Older or Who Has a Disability

All caregivers need a break now and then. These breaks are called respite. If you don’t have a family member or friend who can help out, you may be able to get help from one of the resources below:

The Take Time Texas website has a database of providers who offer respite services. Call **1-800-252-9240**. Your local area agency on aging (AAA) may be able to help you find services in your area, help arrange for those services or provide short-term relief.

Some Medicaid programs pay for short-term relief for caregivers. Call your local DADS office to learn more.

Your local authority may pay for short-term relief for people who care for someone with an intellectual or developmental disability. Call your local authority for more information.

**CareLink:**

Assists with accessing healthcare through the University Health System. Arranges a monthly payment plan based on income.

Phone: **210-358-4000/210-358-3350**

Toll-free: **800-844-6202**

Email: [www.universityhealthsystem.com](http://www.universityhealthsystem.com)

**Disability Transportation:**

[www.viainfo.net](http://www.viainfo.net)

Provide transportation for people with mobility impairments who are unable to use regular VIA bus service as a result of their disability. Must meet eligibility criteria to be certified for the service.

**866-362-4200** Toll-Free

**Needy Meds:**

[www.needymeds.org](http://www.needymeds.org)

Provides prescription medication at no cost or up to an 80% discount. Also provides low-cost medical resource information.

Call **800-503-6897**, or go to