

Take the LEAD

Be prepared and PREPARE

Expectations to ENGAGE

are a must

ectations to Constantly

SUPPORT team members

Remember that **TECHNOLOGY**

is our friend

Establish some

CONSISTENCY

WELLNESS and development



Take steps to engage with your team and be ready to answer and



Consider how to work with each team member and the team as a



Check in daily to Communicate updates and engage in relevant communication.



Ask how team members need to be supported as well as the team as a whole.



Get comfortable using technology to engage members and assist them with work processes.



Check-ins should be consistent throughout the week. Consider team check-ins and individual meetings at a minimum weekly.



Encourage the team to take small breaks, lunch, stretch and practice self-care.

