



ALAMO COLLEGES DISTRICT
St. Philip's College

*Health Science
Department
Center for Health
Professions
Occupational Therapy
Assistant Program*

Virtual Observation Reflection Packet



Applicant Name

Click or tap here to enter
text. _____

Welcome

As we continue to monitor the coronavirus (COVID-19) and associated restrictions, our priority is the safety and well-being of our applicants and for the medical institutions who are committed to providing excellent care to our fellow Texans. While we must continue to uphold the integrity of our admission process, we also recognize the need to offer flexibility as related to in person observation hours. Once the packet is complete, applicants should upload the entire virtual observation packet.

Instructions

Complete the below activities and reflections to demonstrate the time you spent in virtual shadowing (volunteering). Input your responses in the ["Click or tap here to enter text"](#) area or within the provided text box.

Complete the observation checklist

	Virtual Observation Modules	# of hours
<input type="checkbox"/>	Module 1: What is Occupational Therapy?	1 hour
<input type="checkbox"/>	Module 2: OT Role with Children	1.5 hours
<input type="checkbox"/>	Module 3: Occupational Therapy with Adults	5 hours
<input type="checkbox"/>	Module 4: OT and People with Intellectual Disabilities	2 hours
<input type="checkbox"/>	Module 5: OT in Mental Health	5 hours
<input type="checkbox"/>	Module 6: OT and Assistive Technology	2.5 hours
	Total Hours	17 hours
<input type="checkbox"/>	Survey	5 minutes

When you complete the entire module and survey, save Word document as a PDF.

Save file: Last Name, First Name, Application Year (example: StevensonJacqueline2022). Include the PDF with your application package.

MODULE 1-What is Occupational Therapy?



Watch videos:

(2:10) <https://youtu.be/mbMvd-y1MWQ>

(13:39) <https://youtu.be/AEzsxKQ3Gfc>

- I. What have you learned about occupational therapy from watching the video's?
Click or tap here to enter text.
- II. Does anything in the films excite you about pursuing occupational therapy as a profession?
Explain.
Click or tap here to enter text.
- II. From the video's you just watched and the Occupational Therapy Practice Domain (below),
How would you explain what Occupational Therapy is?
Click or tap here to enter text.

Occupational Therapy Practice Domain

Occupations	Client factors	Performance skills	Performance patterns	Contexts and environments
<ul style="list-style-type: none">• Activities of daily living (ADLs)• Instrumental activities of daily living (IADLs)• Rest and sleep• Education• Work• Play• Leisure• Social participation	<ul style="list-style-type: none">• Values, beliefs, and spirituality• Body functions• Body structures	<ul style="list-style-type: none">• Motor skills• Process skills• Social interaction skills	<ul style="list-style-type: none">• Habits• Routines• Rituals• Roles	<ul style="list-style-type: none">• Cultural• Personal• Physical• Social• Temporal• Virtual

MODULE 2- OT Role with Children



I. Disabling Segregation: (17:57) <https://www.youtube.com/watch?v=izkN5vLbnw8>

1. What is a mitochondrial disorder?

Click or tap here to enter text.

2. What were concerns of family for Samuel?

Click or tap here to enter text.

3. How do parents cope with disabilities in children?

Click or tap here to enter text.

4. What was Samuel's vision for his life?

Click or tap here to enter text.

5. What were some of the adaptive devices he used?

Click or tap here to enter text.

6. What are benefits of inclusion?

Click or tap here to enter text.

II. Watch the following videos:

(4:31) <https://youtu.be/37qPEWQMqa4>

(6:12) <https://youtu.be/1DksYb6NBAw>

What did you learn about play, and the role of OT with children?

Click or tap here to enter text.



MODULE 3-Occupational Therapy with Adults

- I. Write a 1- 2-page reflection about the movie “*The Upside*.” Include a brief summary of the characters and a discussion of the relationship between the two men. How was the relationship helpful? How was it hurtful? How was it beneficial to both? (Complete 1-2-page reflection following this page. Double space and title of reflection)



Watch: The Upside, available to stream on HULU

(Pg.1 Insert title and reflection here- delete this prompt)

(Pg.2 Continue reflection if needed - delete this prompt)

III. Complete Assignment “Mr. Connelly has ALS”



(32:22) <https://vimeo.com/230606513>

1. What is ALS (amyotrophic lateral sclerosis)? What is it caused by? What age group does it effect?

Click or tap here to enter text.

2. What daily activities were affected? (highlight or mark all that apply)

☐ Speech

☐ Movement

☐ Driving

☐ Work

☐ Socializing

3. How did the disease process effect the family?

Click or tap here to enter text.

4. Name two ways that Mr. Connelly was able to communicate with others.

Click or tap here to enter text.

5. How did Mr. Connelly make you feel?

Click or tap here to enter text.

<p>Aging in Place Falls Prevention for Elderly with Video</p> <p>https://www.aota.org/About-Occupational-Therapy/Patients-Clients/Adults/Falls/prevent-falls-in-home-tips.aspx</p>	<p>Clients with Stroke</p> <p>https://www.aota.org/~media/Corporate/Files/AboutOT/consumers/Adults/Stroke/Stroke%20Tip%20Sheet.pdf</p>	<p>OT and Hand Rehabilitation</p> <p>https://www.aota.org/~media/Corporate/Files/AboutOT/Professionals/WhatIsOT/RDP/Facts/Hand%20Therapy%20fact%20sheet.pdf</p>
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MODULE 4- OT and People with Intellectual Disabilities



Watch:



(3:01) <https://www.youtube.com/watch?v=XHCcZcuseiw>

READ:

<https://www.aota.org/~media/Corporate/Files/AboutOT/Professionals/WhatIsOT/RDP/Facts/Intellectual-Disabilities.pdf>

- I. Complete assignment about *Let's Talk About Intellectual Disabilities: Loretta Claiborne at TEDxMidAtlantic*



(11:34) https://youtu.be/0XXqr_ZSsMg

1. How did Loretta make you feel?

Click or tap here to enter text.

2. How did Loretta's mother raise her to be?

Click or tap here to enter text.

3. How did Loretta branch out?

Click or tap here to enter text.

4. What basic services are intellectual disabilities denied?

Click or tap here to enter text.

MODULE 5- Occupational Therapy in Mental Health



<https://www.youtube.com/watch?v=NPZN4wci7xg> (3:17)

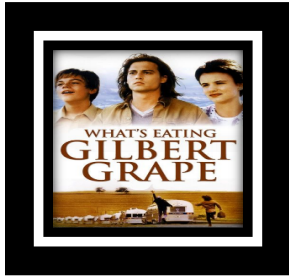


<https://www.aota.org/~media/Corporate/Files/AboutOT/Professionals/WhatIsOT/MH/Facts/MentalHealthRecovery.pdf>



<https://www.aota.org/~media/Corporate/Files/AboutOT/Professionals/WhatIsOT/MH/Facts/PTSDfactsheet.pdf>

Watch “What’s Eating Gilbert Grape?”



What’s Eating Gilbert Grape? Available on Netflix.

I. Describe the characters in the film. What problems or issues are each of them facing?

Click or tap here to enter text.

- II. Review the World Health Organization's Determinants of Health. Do you think any of the items found in the determinants of health can explain the problems that the family in the film has encountered? How?



Click or tap here to enter text.

MODULE 6- Occupational Therapy and Assistive Technology

- I. Write a 1-2-page review of the Case Video. What do you think about using adaptive equipment? Is this an area of OT that interests you? Why?

Watch videos:

(9:47) <https://youtu.be/CADW1GKRm-I>

(5:28) <https://youtu.be/Jn2XnbDeCUU>

(3:04) <https://youtu.be/030YPL2Rz2A>

Read:

<https://www.aota.org/~media/Corporate/Files/AboutOT/Professionals/WhatIsOT/RDP/Facts/AT-fact-sheet.pdf>

(Pg.1 Insert title and reflection here- delete this prompt)

(Pg.2 Continue reflection if needed - delete this prompt)



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Please complete the following survey <https://forms.office.com/r/GxnpTLePpy>

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The impact of VR on health: a focus on rehabilitation | Isabel Van De Keere | TEDxGoodenoughCollege
<https://youtu.be/CADW1GKRm-I>

Occupational Therapy: An Introduction to Assistive Technology <https://youtu.be/Jn2XnbDeCUU>

Assistive Technology: Virtual Reality Therapy <https://youtu.be/030YPL2Rz2A>