

KINESIOLOGY

Spring 2019

(16-Week) Monday/Wednesday Classes							
CRN	Subj	Crse	Sec	Title	Days	Time	Instructor
28244	KINE	1338	009	Concepts of Physical Fitness HYBRID CLASS	M	09:15 am - 10:30 am	Mary Gentry
10096	KINE	1306	007	First Aid - HYBRID CLASS	W	09:15 am - 10:30 am	Mary Gentry
28238	KINE	1306	005	First Aid	MW	10:45 am - 12:00 pm	Gregory Steel
28177	KINE	1112	002	Weight Training I	MW	12:15 pm - 1:30 pm	Mary Gentry
34582	KINE	2112	014	Weight Training II			
28188	KINE	1129	001	Water Aerobics I	MW	1:45 pm - 3:00 pm	Mary Gentry
30836	KINE	2129	001	Water Aerobics II			
30835	KINE	1131	001	Pilates I	MW	1:45 pm - 3:00 pm	Gregory Steel
34581	KINE	2131	001	Pilates II	MW	1:45 pm - 3:00 pm	Gregory Steel
34536	KINE	1101	001	Aerobics I	MW	3:15 pm - 4:30 pm	Gregory Steel
34541	KINE	1306	029	First Aid - EVENING CLASS	M	6:00 pm - 9:00 pm	Katie Padron

(16-Week) Tuesday/Thursday Classes							
CRN	Subj	Crse	Sec	Title	Days	Time	Instructor
34535	KINE	1109	005	Walking/Jogging I	TR	7:45 am - 9:00 am	Gregory Steel
10099	KINE	1306	010	First Aid	TR	9:15 am - 10:30 am	Gregory Steel
30839	KINE	1112	012	Weight Training I	TR	10:45 am - 12:00 pm	Michael Johnson
30841	KINE	2112	011	Weight Training II			
10068	KINE	1301	006	Foundations of Kinesiology	TR	10:45 am - 12:00 pm	Mary Gentry
30812	KINE	1102	001	Cardio Combo I	TR	12:15 pm - 1:30 pm	Mary Gentry
34534	KINE	1110	003	Basketball I	TR	12:15 pm - 1:30 pm	Michael Johnson
29975	KINE	1306	015	First Aid	TR	12:15 pm - 1:30 pm	Gregory Steel
28174	KINE	1106	003	Core Training I	TR	1:45 pm - 3:00 pm	Gregory Steel
30825	KINE	1113	007	Physical Conditioning I	TR	3:15 pm - 4:30 pm	Gregory Steel
30828	KINE	2113	007	Physical Conditioning II			
30815	KINE	1103	005	Cardio Kickboxing I	TR	5:30 pm - 6:45 pm	Carl Overstreet
30817	KINE	2103	005	Cardio Kickboxing II			

(16-Week) ONLINE CLASSES							
CRN	Subj	Crse	Sec	Title	Days	Time	Instructor
28233	KINE	1306	021	First Aid	16W	Online Class	Randall Dawson

(14-Week) Second Start ONLINE CLASSES							
CRN	Subj	Crse	Sec	Title	Days	Time	Instructor
10073	KINE	1301	013	Foundations of Kinesiology	14W	Online Class	Yvonne De La Rosa
31714	KINE	1306	024	First Aid	14W	Online Class	Katie Padron

(8-Week) FLEX I CLASSES							
CRN	Subj	Crse	Sec	Title	Days	Time	Instructor
30860	KINE	1118	001	Bowling I	MW	8:00 am-10:00 am	Yvonne De La Rosa
28175	KINE	1109	001	Walking/Jogging I	F1	Online Class	Sara Olson
28230	KINE	1304	013	Personal/Community Health	F1	Online Class	Yvonne De La Rosa

(8-Week) FLEX II CLASSES							
CRN	Subj	Crse	Sec	Title	Days	Time	Instructor
34583	KINE	1118	002	Bowling I	MW	8:00 am-10:00 am	Gregory Steel
28176	KINE	1109	003	Walking/Jogging I	F2	Online Class	Katie Padron
28231	KINE	1304	020	Personal/Community Health	F2	Online Class	Sara Olson
10118	KINE	1306	026	First Aid	F2	Online Class	Yvonne De La Rosa
28242	KINE	1338	011	Concepts of Physical Fitness	F2	Online Class	Mary Gentry
20407	KINE	1346	001	Drug Use and Abuse	F2	Online Class	Sara Olson