On March 30, 2022, the CDC updated guidance for isolation of individuals who test positive for COVID-19 and quarantine of individuals who become exposed to someone who has COVID-19. Alamo Colleges has updated its procedures for isolation and quarantine to align with this new guidance from the CDC as follows:

**STAY HOME FOR 5 DAYS**
- Use your available sick leave or other leave for pay continuation.
- On your 4th day at home, contact your Risk Coordinator to report the status of your symptoms to determine if and when you can return to work on-site.
- Your Risk Coordinator will work with you to determine when you will be cleared to return to work on-site.
- **Exposed** - you have been in close proximity (within 6 feet) for more than 15 minutes with someone who had COVID-19 symptoms or tested positive.
- If you are exposed, notify your supervisor and submit a COVID-19 Report.
- If you are unable/unwilling to wear a well-fitted mask for 10 days, you will be required to stay home in a non-work status and use any available sick leave or other leave.
- Your Risk Coordinator will work with you to determine when you will be cleared to return to work on-site.
- **Up to Date on Vaccines** - When you have received all doses in the primary series and all boosters recommended for you, when eligible.
- **Not Up to Date on Vaccines** - Unvaccinated or when you have not received all doses in the primary series or all eligible booster recommended for you.

**CONTINUE TO WEAR A MASK FOR AN ADDITIONAL 5 DAYS**
- If your symptoms are resolving after 5 days, your Risk Coordinator will clear you to return to work on-site wearing a well-fitted mask for another 5 days.
- If your symptoms are not resolving, or you are unable/unwilling to wear a mask for an additional 5 days, you will be required to stay home in a non-work status and use any available sick leave or other leave.
- Your Risk Coordinator will work with you to determine when you will be cleared to return to work on-site.

**WEAR A MASK AROUND OTHERS FOR 10 DAYS. IF YOU DEVELOP SYMPTOMS, GET TESTED AND STAY HOME.**
- **Exposed** - you have been in close proximity (within 6 feet) for more than 15 minutes with someone who had COVID-19 symptoms or tested positive.
- If you are exposed, notify your supervisor and submit a COVID-19 Report.
- If you are unable/unwilling to wear a well-fitted mask for 10 days, you will be required to stay home and use any available sick leave or other leave.
- Your Risk Coordinator will work with you to determine when you will be cleared to return to work on-site.
- **Not Up to Date on Vaccines** - Unvaccinated or when you have not received all doses in the primary series or all eligible booster recommended for you.

**STAY HOME FOR 5 DAYS. AFTER THAT, WEAR A MASK AROUND OTHERS FOR AN ADDITIONAL 5 DAYS.**
- If you develop symptoms, get tested and stay home.
- If you can’t quarantine, you must wear a mask for 10 days.

**Remote Work**
Your supervisor may direct you to work from home if your job can be performed remotely, you believe that you are well enough, and your supervisor determines that such remote work would be particularly valuable to the College District during the pendency of your quarantine.

**Risk Coordinators**
- **District Support Offices**
  - Mike Legg: mlegg2@alamo.edu | (830) 237-9934
  - Gerald T. Dove: gdove4@alamo.edu | (210) 240-2750
  - Denise Mares: dmares7@alamo.edu | (210) 974-1844

- **San Antonio College**
  - Jacob Colunga: jcolunga7@alamo.edu | (210) 596-8979

- **Northwest Vista College**
  - Dawn Thompson: dthompson123@alamo.edu | (210) 486-5358