On August 24, 2022, the CDC updated guidance for isolation of individuals who have been exposed to someone with COVID-19. Alamo Colleges has updated its procedures for isolation and quarantine to align with this new guidance from the CDC as follows:

**TESTING POSITIVE FOR COVID-19**

**Guidance for Unvaccinated and Vaccinated Employees**

**ON AUGUST 24, 2022, THE CDC UPDATED GUIDANCE FOR ISOLATION OF INDIVIDUALS WHO HAVE BEEN EXPOSED TO SOMEONE WITH COVID-19.**

**STAY HOME FOR 5 DAYS**

- Use your available sick leave or other leave for pay continuation.
- On your 4th day at home, contact your Risk Coordinator to report the status of your symptoms to determine if and when you can return to work on-site.

**IF YOU'RE FEELING BETTER OR SYMPTOMS ARE RESOLVING AFTER 5 DAYS**

- If you have no symptoms, or your symptoms are resolving after 5 days, you can leave your house.
- If you have access to a test and want to get tested, the best approach is to use an antigen test towards the end of the 5-day isolation period. Do not take a PCR test for 90 days after testing positive as it will continue to read positive.
- Keep a safe distance from others and avoid gathering in crowded spaces.

**IF YOU DEVELOP SYMPTOMS, GET TESTED AND STAY HOME.**

- Wear a mask around others for 10 full days.
- Get tested at least 5 full days after your last exposure.

**EXPOSED TO SOMEONE WITH COVID-19**

- *Exposed* - you have been in close proximity (within 6 feet) for more than 15 minutes with someone who had COVID-19 symptoms or tested positive.
- If you are exposed, notify your supervisor and submit a COVID-19 Report.
- If you are unable/unwilling to wear a well-fitting mask for 10 days, you will be required to stay home and use any available sick leave or other leave.
- Your Risk Coordinator will work with you to determine when you will be cleared to return to work on-site.

**STAY HOME FOR 5 DAYS**

- Use your available sick leave or other leave for pay continuation.
- On your 4th day at home, contact your Risk Coordinator to report the status of your symptoms to determine if and when you can return to work on-site.

**REMOTE WORK**

Your supervisor may direct you to work from home if your job can be performed remotely, you believe that you are well enough, and your supervisor determines that such remote work would be particularly valuable to the College District during the pendency of your quarantine.

**RISK COORDINATORS**

**District Support Offices**
- Mike Legg: mlegg2@alamo.edu | (830) 237-9934

**San Antonio College**
- Gerald T. Dove: gdove4@alamo.edu | (210) 240-2750

**Palo Alto College**
- Denise Mares: dmares7@alamo.edu | (210) 974-1844

**St. Philip’s College**
- Jacob Colunga: jcolunga7@alamo.edu | (210) 596-8979

**Northwest Vista College**
- Garvin Dansby: gdansby3@alamo.edu | (210) 486-4062

**Northeast Lakeview College**
- Dawn Thompson: dthompson123@alamo.edu | (210) 486-5358