



### Northwest Vista College Mentoring Contract

We agree to a mentoring relationship aimed at enhancing the student’s academic, career, and/or personal goals.

The mentor is committed to serving in the best interest of the student. The mentor agrees to assist the mentee with acting autonomously in establishing goals, clarifying the means to accomplishing those goals, and helping the mentee monitor progress.

The mentee understands the importance of personal responsibility and self-efficacy which is the belief in one’s ability to achieve goals. The student mentee agrees to clarify interests and goals, to carefully consider the mentor’s suggestions, and to communicate with the mentor about progress, concerns, and potential obstacles.

While the current faculty-student mentoring contract is active, the mentor and mentee, along with the mentee’s academic advisor, agree to focus on the following goals and timelines:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

The mentor and mentee agree to meet \_\_\_\_\_ times this semester and will communicate by: Email  Phone

On-campus meeting  Online Video Chat .

The mentee understands that mentoring does not take the place of advising which means mentees are still required to meet with an advisor. The mentor, however, will have access to information shared with the advisor.

The mentor and mentee, along with the mentee’s academic advisor, agree to work towards the goals by engaging in the following activities:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Upon reaching the mentee’s goals, mentor and mentee will conclude the relationship or extend the mentoring relationship by establishing new goals.

If the mentor or mentee has concerns about the mentoring relationship, please contact the mentor’s department chair at \_\_\_\_\_. Depending on the nature of the concern, the mentoring relationship may be terminated.

Your signature below demonstrates that you agree to the terms of this agreement.

\_\_\_\_\_  
Mentor’s Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Mentee’s Signature

\_\_\_\_\_  
Date