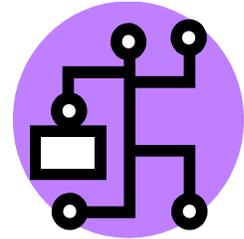


Quick Tip of the Week

Did you know . . .

Even if you are not the kind of person who jumps for joy at the thought of reading, there are things you can do to encourage yourself to read more. And even if you are a struggling reader right now, rest assured that the more you read, the easier it gets. So pick through these ideas and find the ones you like. They will help you begin a new stage in your life as a reader and a scholar.



- Think about your hobbies and what you love to spend your time doing. Then find a book or newspaper articles that relate to the same topic and learn as many new things as you can about that hobby. For example:
 - ◇ If you like to cook, find a good cookbook. Skim through it, with some sticky notes in hand, until you find a couple of new recipes you would like to try, and then make them. This will help you learn how to record and memorize some information (like the ingredients list) and then also read to comprehend so that you can follow the steps correctly to make the new dish.
 - ◇ Enjoy skateboarding? Pick up a copy of Thrasher or Transworld to find out about the latest Battle at the Berricks.
- Do you enjoy spending time with your children? Try reading to them. Not only is this great because your kids get to see you read, but starting with children's books can be a good way for students who speak English as a second language to learn simple sentence structures.
- If you really like looking at pictures in books, try a comic book or graphic novel instead; that way you can still look at pictures while you read.
- Always wanted to learn how to do something? Try learning about it through reading first. Read about playing a musical instrument, practicing karate, or how to meditate.
- Play games that are reading related like Scrabble, or word or trivia games.
- Pick a favorite, quiet place you like to visit and only go there when you intend to sit and read (like a coffee house, a park, a garden, or a restaurant).
- If you find something you like to read about, get more books or articles on the same topic.
- Read stuff other than books. Try magazines, poetry books, cookbooks, travel guides, even cereal boxes or other product labels.
- Reward yourself when you finish reading a book. Allow yourself to do something fun or buy a small item every time you finish reading a book.

No matter which motivational idea you choose, the goal is to read, and to read often.

http://www.public.coe.edu/~wcenter/handouts_reading.php