

SAC Faculty Fellow Newsletter

	Issue No. 14 November 8, 2021	
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Can you believe that it's already November?

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Dr. Aurelia Rocha | SAC Faculty Fellow



Greetings & Announcements!

Hello Again!

I'm writing this greeting to you during that little cold snap we had recently. For the first time in a while, I've had the need for an afternoon cup of hot tea to keep off a chill in my home studio.

I am not certain if you've discovered AlamoWELL. My colleagues over in Organizational Development have put together an amazing space full of Good Things to keep you healthy and balanced at home and at work. I hope you take a moment or two to check it out. You'll need to be logged into ACES and [CLICK HERE](#) to enter the site!

EduTech | Technology in the Classroom

Fri, Nov 12, 2021, 8:30 AM - 3:30 PM

Please note that this year EduTech will be virtual

[Click here to learn more about EduTech 2021](#)

Save the date for this year's EduTECH! Open to all Alamo Colleges District Faculty and Instructional Staff, EduTECH is a great way to exchange ideas, learn new technology, build successful partnerships and determine the future direction of teaching with technology.

[Click here to reserve your ticket](#)

Important Dates

Last Day to Withdraw

Nov 12, 2021

Thanksgiving Weekend - College Closed

November 25-November 28

Final Examinations

December 6-11

End of the Fall Semester

December 11

Winter Break - College Closed

December 20-31

SAC Faculty Fridays at the Teaching & Learning Center

Drop in and learn something new with at SAC TLC Faculty Fridays! The schedule will be available for you on the calendar at the [SAC TLC website](#). All sessions are on Zoom, see the SAC TLC Calendar for the link. Below is a sneak peak at what's in store for November 2021:

Ethical Research

Fri, Nov 19, 2021, 10:00 AM - 11:00 AM

Applying Tools for Digital Accessibility

Fri, Nov 19, 2021, 1:00 PM - 3:00 PM

**No Faculty Friday on November 12 due to the EduTech 2021 Conference*



Professional Development

International Education Week

November 15 - 19, 2021

[Click here to register](#)

International Education Week is a joint initiative of the U.S. Department of State and the U.S. Department of Education. The Office of International Programs leads the event in cooperation with our five colleges.

Each year the Alamo Colleges participate in International Education Week in an effort to celebrate diversity, increase awareness of international learning experience benefits, and to continue advancing the mission of globalizing the Alamo Colleges.

Join us, as we bring internationalization home and build on the global competencies of our students and community.

Rev Up Your Classroom with Professional Development

Every two weeks I will provide you with the latest professional development workshops. Come join us and learn something new to rev up your classroom! Registration for all training is available in AlamoTALENT—your one-stop shop for faculty development. All professional development workshops and classes are held online.

Online Teaching Certification (Hybrid)

The Teaching and Learning Center offers Online Teaching Certification to all faculty (full-time and adjunct) at San Antonio College. The goal is to certify all faculty to teach online so that we can offer additional online sections.

Please register in Alamo Talent.

Next Session(s):

- November 1 - 11, Synchronous
- November 1 - 21, Hybrid

Course+ Badge Information Session

Wed, Nov 17, 2021, 5:00 PM - 5:30 PM

What is digital badging? This information session will provide an introduction to digital badges and an overview of the Course+ Badge Initiative. Join this session to learn how to earn a stipend and become a credentialed Badge Specialist.

Collaborative Assignments in Online Courses

Thu, Nov 18, 2021, 2:00 PM - 3:00 PM

Online students notoriously loathe group projects, and yet collaboration is a critical skill in the modern workplace. This workshop will cover how to design effective collaborative assignments that enhance the online learning experience.



Professional Development Cont.

The Screen and Keys Tech for Teaching & Learning

Here are offerings based in using technology to your advantage. If you want to become more proficient in using tech then keeping reading. Registration for all training is available in AlamoTALENT! All workshops are held online.

Microsoft Teams

Mon, Nov 8, 2021, 11:00 AM - 12:00 PM

Microsoft Teams is a collaboration workspace that helps your team stay organized by combining instant messaging, voice, video, calling, and file-sharing.

Tech Tuesdays

Poll Everywhere

Tue, Nov 9, 2021, 12:00 PM - 1:00 PM

SoftChalk Part One

Tue, Nov 23, 2021, 12:00 PM - 1:00 PM

BioSig ID Training

Tue, Nov 9, 2021, 3:00 PM - 4:00 PM

BioSig-ID is a biometric signature gesture technology for identity verification. It requires only a mouse, stylus or touchpad for users to create a unique password, and can be fully integrated into Canvas for the purpose of authenticating student identity in online courses.

TidyUP Workshop

Thu, Nov 11, 2021, 2:00 PM - 3:00 PM

Need to free up space in your Canvas courses? This simple Canvas tool allows you to identify all files, folders, pages, and duplicated material that are not being used in your courses and allows you to easily delete them.

Computer Literacy

Mon, Nov 15, 2021, 2:00 PM - 3:00 PM

This course focuses on the Microsoft Windows 10 operating system, introduction to computer terminology, network security, web browser settings and more.

MyMediasite Training

Tue, Nov 16, 2021, 3:00 PM - 4:00 PM

My Mediasite gives you the ability to capture video and screencasts directly from your desktop computer with or without the use of a web camera..

eSignature Adobe Acrobat

Fri, Nov 19, 2021, 10:00 AM - 11:00 AM

Learn to create, sign, send documents w/ 100% legal e-Signatures using Adobe Sign.



Professional Development Cont.

We're Glad You're Here Diversity, Equity, and Inclusion

Wherever you might be in this journey, you'll find connection, shared values, and growth. Find ways to promote equity and inclusion through the courses and workshops listed here.! All workshops are held online.

Gender Equity: LGBTQIAP+ Ally Training

Tue, Nov 9, 2021, 12:00 PM - 1:00 PM

Gender Equity: LGBTQIAP+ Ally Training provides a safe space to gain knowledge and skills about gender and sexual diversity. This workshop offers a safe space to ask questions and engage in conversation we do not often have the chance to explore around gender equity.

Building Accommodations in our Pedagogy

Thu, Nov 11, 2021, 12:00 PM - 2:00 PM

Join us as we wrap up to the entire accommodation series. We will be discussing how all the different variances in learning styles and can be accommodated in our classrooms - which includes our non-neurotypical students as well. Come and see how we can use pedagogy to enhance our classes and embrace our students!

Supporting Undocumented & DACA Students at San Antonio College

Fri, Nov 12, 2021, 10:00 AM - 11:30 AM

This session will focus on building knowledge and skills to effectively support undocumented & DACAmented students at San Antonio College. We will discuss actions impacting admissions, enrollment, to completion of students college education. In addition, we will provide information that helps us establish a safe and welcoming campus culture which will allow undocumented an DACAmented students to thrive.

Allyship: In-group Emphasis of Social Justice

Wed, Nov 17, 2021, 12:00 PM - 1:00 PM

This workshop continues the journey and conversation to promote equity and inclusion in the workplace. Join this session to learn the lifelong process of building relationships based on trust, consistency, and accountability with marginalized individuals and/or groups of people.

Impact & Understanding Microaggressions

Wed, Nov 17, 2021, 12:00 PM - 1:00 PM

Many people have heard of the term "microaggression", but few understand the true meaning. Join this 1-hour session for a conversation that will define microaggression. This session will increase critical consciousness to empower us to create a welcoming environment for all.



Professional Development Cont.

Connect and Breathe Faculty Wellness

Need to get back to center and just find a little space? Pull up the comfy chair and sit with us for a moment to learn how a little self-care goes a long way. These events are online. Register for these sessions in AlamoTALENT.

Virtual Yoga

Fri, Nov 12, 2021, 12:15 PM - 12:45 PM

Fri, Nov 19, 2021, 12:15 PM - 12:45 PM

A gentle series of traditional poses to lengthen muscles and to restore mind, body, and spirit. May be performed in a standing or seated position. All levels welcome.

Diabetes-Know Your Risk

Fri, Nov 19, 2021, 10:00 AM - 11:00 AM

Presented by Julius Hunter, Diabetes Prevention & Control City of San Antonio Metropolitan Health District

Did you know that over 88 million people in the US have pre-diabetes and most of them don't know it? This session will give you an update of the current state of diabetes risk in Bexar county. We will explore what your risk may be as an individual and ways you can protect you and your family from this dangerous disease.

Prioritize Self Care

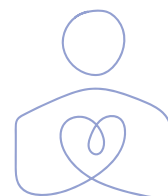
It's something the last thing on our mind - caring for ourselves and finding time to enact that care. So many of us care for others - it makes us feel good, warm, and as if we are doing something in the world. But, and I know we all have heard this a million times, we cannot care for others if we don't care for our self first.

With that in mind, I've made a short list of things we can try for self care. Just a little caveat before you read the list - I think of these things in terms of my work as an artist. I like to find things that will work with me to improve that work and so this list includes what I do for self care.

- Make sleep part of your self-care routine.
- Take care of your gut
- Exercise daily
- So no, sometimes - people will understand
- Get outside
- Hug your pet

For more information, additional self care ideas, and details below is the link where I found this short list.

[Self-Care: 12 Ways to Take Better Care of Yourself ~ Psychology Today](#)



Meet Your Faculty Fellow



Get the SAC Faculty Fellow Newsletter delivered directly to your Alamo email inbox.

[Send me the newsletter!](#)



Or if you prefer to listen to these updates, you can subscribe and listen to my SAC Faculty Fellowcast. Use the link below to access, plus there's a handy QR code to take you there directly.

[SAC Faculty Fellowcast](#)



My role is to provide professional development support for all faculty at SAC. Additionally, I will work to update this newsletter bi-monthly, and keep you informed of important dates and upcoming events. It is my intention to serve SAC faculty and meet your professional development needs to the best of my ability. Please know that my heart, mind, and door is open and do not hesitate to reach out as you are willing and able. I can be reached via email at: arocha17@alamo.edu or—by golly—just put yourself on my calendar using my online scheduler. The link is provided below:

[Schedule a Chat with Me!](#)

If you don't already know me, I am a teaching artist! My primary discipline is music, and my instrument is the cello. I've worked in faculty development since 2016 teaching prekindergarten educators how to incorporate performing arts techniques into the classroom. I am trained through the Wolf Trap Institute for Early Learning Through the Arts, and I have participated in the Artists as Educators Seminar, Mapping the Journey: Planning Effective Residencies for Students developed by the John F. Kennedy Center for the Performing Arts.

I am also adjunct faculty at San Antonio College and teach cello, viola, and had the distinct pleasure of working with the SAC Chamber Ensemble before COVID required us to work online. I started my career with Alamo Colleges at St. Philip's assisting with INRW in the English department, and I have taught cello and music theory at Northwest Vista College.

So enough about me, I want to learn about you! Please stay in touch.

