

# KINESIOLOGY SCHEDULE - FALL 2019

16-WEEK ACTIVITY/FITNESS CLASSES					
CRN	Subj Course.Sec	Title	Days	Time	Instructor
30729	KINE 1112.002	Weight Training I	MW	10:45a - 12:00p	Johnson
39489	KINE 2112.015	Weight Training II			
39310	KINE 1113.004	Physical Conditioning I	MW	12:15p - 1:30p	Johnson
39493	KINE 2113.008	Physical Conditioning II			
33075	KINE 1129.001	Water Aerobics I	MW	12:15p - 1:30p	Gentry
33520	KINE 2129.001	Water Aerobics II			
36168	KINE 1106.002	Core Training I	MW	1:45p - 3:00p	Steel
39336	KINE 1101.001	Aerobics I	MW	3:15p - 4:30p	Steel
39470	KINE 2101.001	Aerobics II			
39309	KINE 1112.006	Weight Training I	MW	5:30p - 6:45p	Padron-Lopez
39492	KINE 2112.014	Weight Training II			
33072	KINE 1102.001	Cardio Combo I	TR	9:15 am-10:30 am	Gentry
40040	KINE 2102.001	Cardio Combo II			
29481	KINE 1136.00	Yoga I	TR	10:45a - 12:00p	Steel
36163	KINE 2136.003	Yoga II			
33074	KINE 1112.010	Weight Training I	TR	12:15p - 1:30p	Gentry
36167	KINE 2112.008	Weight Training II			
39311	KINE 1114.002	Cardio Boot Camp I	TR	1:45p - 3:00p	Steel
39495	KINE 2114.002	Cardio Boot Camp II			
30733	KINE 1113.007	Physical Conditioning I	TR	3:15p - 4:30p	Steel
36157	KINE 2113.006	Physical Conditioning II			
36161	KINE 1118.001	Bowling I	F	8:45a - 10:00a	Steel
40039	KINE 2118.001	Bowling II			
16-WEEK Lecture/Face-to-Face Classes (8/26 - 12/14)					
CRN	Subj Course.Sec	Title	Days	Time	Instructor
10510	KINE 1306.003	First Aid	MW	10:45 am-12:00 pm	Steel
36125	KINE 1306.007	First Aid	MW	12:15 pm-01:30 pm	Steel
33079	KINE 1306.010	First Aid	TR	09:15 am-10:30 am	Steel
23081	KINE 1301.006	Foundations of Kinesiology	TR	10:45 am-12:00 pm	Gentry
16-WEEK ONLINE Classes ( 8/26 - 12/14)					
CRN	Subj Course.Sec	Title	Days	Time	Instructor
10516	KINE 1306.019	First Aid	16-WK	ONLINE	Padron-Lopez
39324	KINE 1338.010	Concepts of Physical Fitness	16-WK	ONLINE	Olson
Flex I ONLINE & HYBRID Classes (8/26 - 10/19)					
CRN	Subj Course.Sec	Title	Days	Time	Instructor
36122	KINE 1338.001	Concepts of Physical Fitness	MW - Hybrid	9:15a - 10:30a	Gentry
30722	KINE 1109.001	Walking/Jogging I	8-Wk	ONLINE	Olson
10484	KINE 1304.005	Personal/Community Health I	8-Wk	ONLINE	De La Rosa
39333	KINE 1346.003	Drug Use and Abuse	8-Wk	ONLINE	Olson
14-WEEK ONLINE Classes (9/09 - 12/14)					
CRN	Subj Course.Sec	Title	Days	Time	Instructor
39312	KINE 1301.013	Foundations of Kinesiology	14-WK	Online	Gentry
Flex II ONLINE & HYBRID Classes (10/21 - 12/14)					
CRN	Subj Course.Sec	Title	Days	Time	Instructor
10497	KINE 1306.026	First Aid	MW - Hybrid	9:15a - 10:30a	Gentry
30728	KINE 1109.003	Walking/Jogging I	8-Wk	ONLINE	De La Rosa
33078	KINE 1304.019	Personal/Community Health I	8-Wk	ONLINE	Olson
33081	KINE 1306.029	First Aid	8-Wk	ONLINE	De La Rosa
33083	KINE 1338.015	Concepts of Physical Fitness	8-Wk	ONLINE	De La Rosa
37855	KINE 1346.006	Drug Use and Abuse	8-Wk	ONLINE	Padron-Lopez